

St. Alban's



# Morning Prayer Rite II

March 26th 2020 | 9:00am

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St. Thomas



Episcopal  
Church

*The entire liturgy for Morning Prayer is found below.*

*Words to be said in unison or as a congregational response are **found in bold.***

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*The Officiant begins with the opening sentence*

I will arise and go to my father, and I will say to him, "Father, I have sinned against heaven, and before you; I am no longer worthy to be called your son." *Luke 15:18, 19*

*The Officiant says to the people*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Officiant and People*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*Officiant*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

*The Officiant then says*

Lord, open our lips.

**People**      **And our mouth shall proclaim your praise.**

*Officiant and People*

**Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.**

*Venite*

**Come, let us sing to the Lord; \*  
let us shout for joy to the Rock of our salvation.  
Let us come before his presence with thanksgiving \*  
and raise a loud shout to him with psalms.**

**For the Lord is a great God, \*  
and a great King above all gods.  
In his hand are the caverns of the earth, \*  
and the heights of the hills are his also.  
The sea is his, for he made it, \*  
and his hands have molded the dry land.**

**Come, let us bow down, and bend the knee, \*  
and kneel before the Lord our Maker.  
For he is our God,  
and we are the people of his pasture and the sheep of his hand. \*  
Oh, that today you would hearken to his voice!**

The Psalm

*Psalm 69:1-23, 31-38*

1 Save me, O God, \* **for the waters have risen up to my neck.**

2 I am sinking in deep mire, \* **and there is no firm ground for my feet.**

3 I have come into deep waters, \* **and the torrent washes over me.**

4 I have grown weary with my crying; my throat is inflamed; \* **my eyes have failed from looking for my God.**

5 Those who hate me without a cause are more than the hairs of my head; my lying foes who would destroy me are mighty. \* **Must I then give back what I never stole?**

6 O God, you know my foolishness, \* **and my faults are not hidden from you.**

7 Let not those who hope in you be put to shame through me, Lord God of hosts; \* **let not those who seek you be disgraced because of me, O God of Israel.**

8 Surely, for your sake have I suffered reproach, \* **and shame has covered my face.**

9 I have become a stranger to my own kindred, \* **an alien to my mother's children.**

10 Zeal for your house has eaten me up; \* **the scorn of those who scorn you has fallen upon me.**

11 I humbled myself with fasting, \* **but that was turned to my reproach.**

12 I put on sack-cloth also, \* **and became a byword among them.**

13 Those who sit at the gate murmur against me, \* **and the drunkards make songs about me.**

14 But as for me, this is my prayer to you, \* **at the time you have set, O Lord:**

15 "In your great mercy, O God, \* **answer me with your unfailing help.**

16 Save me from the mire; do not let me sink; \* **let me be rescued from those who hate me and out of the deep waters.**

17 Let not the torrent of waters wash over me, neither let the deep swallow me up; \* **do not let the Pit shut its mouth upon me.**

18 Answer me, O Lord, for your love is kind; \* **in your great compassion, turn to me."**

19 "Hide not your face from your servant; \* **be swift and answer me, for I am in distress.**

20 Draw near to me and redeem me; \* **because of my enemies, deliver me.**

21 You know my reproach, my shame, and my dishonor; \* **my adversaries are all in your sight."**

22 Reproach has broken my heart, and it cannot be healed; \* **I looked for sympathy, but there was none, for comforters, but I could find no one.**

23 They gave me gall to eat, \* **and when I was thirsty, they gave me vinegar to drink.**

31 As for me, I am afflicted and in pain; \* **your help, O God, will lift me up on high.**

32 I will praise the Name of God in song; \* **I will proclaim his greatness with thanksgiving.**

33 This will please the Lord more than an offering of oxen, \* **more than bullocks with horns and hoofs.**

34 The afflicted shall see and be glad; \* **you who seek God, your heart shall live.**

35 For the Lord listens to the needy, \* **and his prisoners he does not despise.**

36 Let the heavens and the earth praise him, \* **the seas and all that moves in them;**

37 For God will save Zion and rebuild the cities of Judah; \* **they shall live there and have it in possession.**

38 The children of his servants will inherit it, \* **and those who love his Name will dwell therein.**

**Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.**

The First Lesson

*Exodus 1:6-22*

A reading from the book of Exodus.

Then Joseph died, and all his brothers, and that whole generation. But the Israelites were fruitful and prolific; they multiplied and grew exceedingly strong, so that the land was filled with them.

Now a new king arose over Egypt, who did not know Joseph. He said to his people, "Look, the Israelite people are more numerous and more powerful than we. Come, let us deal shrewdly with them, or they will increase and, in the event of war, join our enemies and fight against us and escape from the land." Therefore they set taskmasters over them to oppress them with forced labor. They built supply cities, Pithom and Rameses, for Pharaoh. But the more they were oppressed, the more they multiplied and spread, so that the Egyptians came to dread the Israelites. The Egyptians became ruthless in imposing tasks on the Israelites, and made their lives bitter with hard service in mortar and brick and in every kind of field labor. They were ruthless in all the tasks that they imposed on them.

The king of Egypt said to the Hebrew midwives, one of whom was named Shiphrah and the other Puah, "When you act as midwives to the Hebrew women, and see them on the birthstool, if it is a boy, kill him; but if it is a girl, she shall live." But the midwives feared God; they did not do as the king of Egypt commanded them, but they let the boys live. So the king of Egypt summoned the midwives and said to them, "Why have you done this, and allowed the boys to live?" The midwives said to Pharaoh, "Because the Hebrew women are not like the Egyptian women; for they are vigorous and give birth before the midwife comes to them." So God dealt well with the midwives; and the people multiplied and became very strong. And because the midwives feared God, he gave them families. Then Pharaoh commanded all his people, "Every boy that is born to the Hebrews you shall throw into the Nile, but you shall let every girl live."

The Word of the Lord

**People**

**Thanks be to God.**

Canticle 9

*The First Song of Isaiah*

**Surely, it is God who saves me; \***

**I will trust in him and not be afraid.**

**For the Lord is my stronghold and my sure defense, \***  
**and he will be my Savior.**

**Therefore you shall draw water with rejoicing \***  
**from the springs of salvation.**

**And on that day you shall say, \***

**Give thanks to the Lord and call upon his Name;**  
**Make his deeds known among the peoples; \***

**see that they remember that his Name is exalted.  
Sing the praises of the Lord, for he has done great things, \*  
and this is known in all the world.  
Cry aloud, inhabitants of Zion, ring out your joy, \*  
for the great one in the midst of you is the Holy One of Israel.**

**Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.**

The Second Lesson  
*Mark 8:27-9:1*

A reading from the Gospel of Mark.

Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, "Who do people say that I am?" And they answered him, "John the Baptist; and others, Elijah; and still others, one of the prophets." He asked them, "But who do you say that I am?" Peter answered him, "You are the Messiah." And he sternly ordered them not to tell anyone about him.

Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things."

He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels." And he said to them, "Truly I tell you, there are some standing here who will not taste death until they see that the kingdom of God has come with power."

*People*            The Word of the Lord.  
**Thanks be to God.**

Canticle 18  
*A Song to the Lamb*

**Splendor and honor and kingly power \*  
are yours by right, O Lord our God,  
For you created everything that is, \*  
and by your will they were created and have their being;**

**And yours by right, O Lamb that was slain, \*  
for with your blood you have redeemed for God,  
From every family, language, people, and nation, \*  
a kingdom of priests to serve our God.**

And so, to him who sits upon the throne, \*  
and to Christ the Lamb,  
Be worship and praise, dominion and splendor, \*  
for ever and for evermore.

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

The Apostles' Creed

*Officiant and People together*

**I believe in God, the Father almighty,  
creator of heaven and earth;  
I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins  
the resurrection of the body,  
and the life everlasting. Amen.**

*Officiant*      The Lord be with you.

***People***        **And also with you.**

*Officiant*      Let us pray.

*Officiant and People*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

V. Show us your mercy, O Lord;

**R. And grant us your salvation.**

V. Clothe your ministers with righteousness;

**R. Let your people sing with joy.**

V. Give peace, O Lord, in all the world;

**R. For only in you can we live in safety.**

V. Lord, keep this nation under your care;

**R. And guide us in the way of justice and truth.**

V. Let your way be known upon earth;

**R. Your saving health among all nations.**

V. Let not the needy, O Lord, be forgotten;

**R. Nor the hope of the poor be taken away.**

V. Create in us clean hearts, O God;

**R. And sustain us with your Holy Spirit.**

The Collect of the Day (The Fourth Sunday in Lent)

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

A Collect for the Renewal of Life

O God, the King eternal, whose light divides the day from the night and turns the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep your law, and guide our feet into the way of peace; that, having done your will with cheerfulness during the day, we may, when night comes, rejoice to give you thanks; through Jesus Christ our Lord. **Amen.**

A Prayer for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. **Amen.**

*Silence may be kept, and free intercessions and thanksgivings may be offered.*

The General Thanksgiving

*Officiant and People*

**Almighty God, Father of all mercies,  
we your unworthy servants give you humble thanks  
for all your goodness and loving-kindness  
to us and to all whom you have made.**

We bless you for our creation, preservation,  
and all the blessings of this life;  
but above all for your immeasurable love  
in the redemption of the world by our Lord Jesus Christ;  
for the means of grace, and for the hope of glory.  
And, we pray, give us such an awareness of your mercies,  
that with truly thankful hearts we may show forth your praise,  
not only with our lips, but in our lives,  
by giving up our selves to your service,  
and by walking before you  
in holiness and righteousness all our days;  
through Jesus Christ our Lord,  
to whom, with you and the Holy Spirit,  
be honor and glory throughout all ages. Amen.

*Then may be said*

Let us bless the Lord.  
**Thanks be to God.**

*The Officiant may then conclude with one of the following*

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. **Amen.** *Ephesians 3:20,21*

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